

## Instructions for Use

# To patients prescribed with INAVIR and their carers.

Take a deep breath and relax.  
It is not necessary to inhale excessively, nor to hold your breath for a long time.



Open the package just before use.



## INAVIR is an inhaled (oral inhalation) medicine for the treatment of influenza.

INAVIR is an inhalation medicine with antiviral effects to prevent the influenza virus from spreading inside your body. (The package contains powdered medication)

### For "Treatment"

Over the age of 10  
Inhale 40mg (2 packages) per dose



2 packages per dose

Treatment with INAVIR is complete

9 years of age and under  
Inhale 20mg (1 package) per dose



1 package per dose

Treatment with INAVIR is complete

### For "Prevention"

Over the age of 10



2 packages per dose

Prevention with INAVIR is complete

Or 1 package per dose for 2 days

You can inhale INAVIR 1 package for 1 dose a day for 2 days (2 packages for 2 doses for 2 days)

If you use INAVIR for "Prevention",  
you will not be paid prescription benefits.

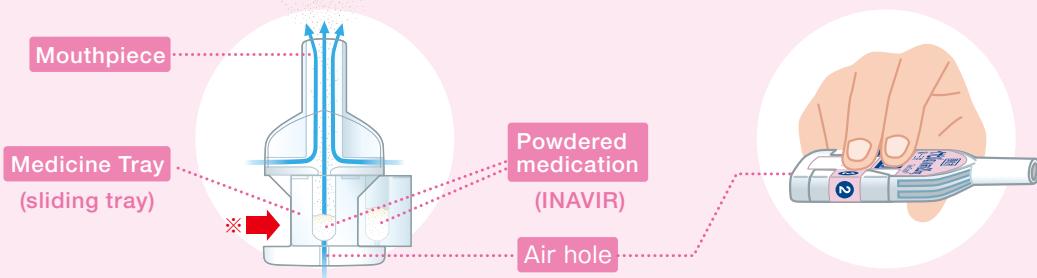
9 years of age and under  
Inhale 20mg (1 package) per dose



1 package per dose

Prevention with INAVIR is complete

### Inhaler design (when inhaling)



Without removing the labels, slide the Medicine Tray in the direction of the arrow all the way to the end. Inhale each side in turn.

Do not cover the air hole on the bottom of the inhaler.

### How to hold the inhaler

Benefits of inhaled medication



The influenza virus multiplies in the "throat" and "windpipe"



When inhaled, INAVIR is delivered directly to the throat and windpipe where the virus multiplies, and prevents the virus from multiplying.



INAVIR is delivered directly to the "throat" and "windpipe"

※Carers should supervise children prescribed with INAVIR, as children may find the Medication Tray difficult to slide.

Video instructions on how to inhale and information about influenza are available on "Influ News."

Website for PC  
<http://www.influ-news.info>

Website for smartphones  
<http://www.influ-news.info/s/>

Website for mobile phones  
<http://www.influ-news.info/m/lang/en/>



Please turn over for  
instructions on  
how to use INAVIR.



# When using INAVIR, you "slide and inhale".

"Slide and inhale" Medicine Tray ① and ②.



Before  
inhaling  
INAIR...

You can practice  
inhaling using  
the inhaler.

You can practice  
inhaling by using the  
inhaler but without  
sliding the Medicine Tray.



## Stay relaxed when you inhale INAVIR.

Instructions on how to use INAVIR



Without sliding the Medicine Tray, tap the container gently onto a table, "tap, tap, tap". This is to drop the medicine to the bottom of the inhaler.



Without removing the labels, slide Medicine Tray ① in the direction of the arrow all the way to the end.



Put the mouthpiece into your mouth and take a deep breath, then hold your breath for 2 - 3 seconds. Remove the inhaler from your mouth and exhale slowly without blowing into the mouthpiece.



Next, slide Medicine Tray ② in the direction of the arrow all the way to the end.



Put the mouthpiece into your mouth and take a deep breath, then hold your breath for 2 - 3 seconds. Remove the inhaler from your mouth and exhale slowly without blowing into the mouthpiece.



Slide Medicine Tray ① back to its original position.

To ensure that the medicine is completely inhaled, repeat procedures A-C.

Tips for inhaling INAVIR



Do not tap the inhaler after sliding the Medicine Tray.



Do not cover the air hole.



Put the mouthpiece fully into your mouth.



Breathe out briefly before putting the mouthpiece into your mouth. This will make it easier to inhale.



Inhale in an upright position, not looking down.



Hold your breath for 2 - 3 seconds after inhaling, then breathe out slowly.



Please turn over for usage and dose of INAVIR.

\* Some people might find the medicine bitter.