

To patients prescribed with INAVIR and their carers.

Take a deep breath and relax.
It is not necessary to inhale excessively, nor to hold your breath for a long time.



Open the package just before use.



INAVIR is an inhaled (oral inhalation) medicine for the treatment of influenza.

INAVIR is an inhalation medicine with antiviral effects to prevent the influenza virus from spreading inside your body. (The package contains powdered medication)

For "Treatment"

Over the age of 10
Inhale 40mg (2 packages) per dose



9 years of age and under
Inhale 20mg (1 package) per dose



For "Prevention"



If you use INAVIR for "Prevention", you **will not be paid prescription benefits**.

Over the age of 10



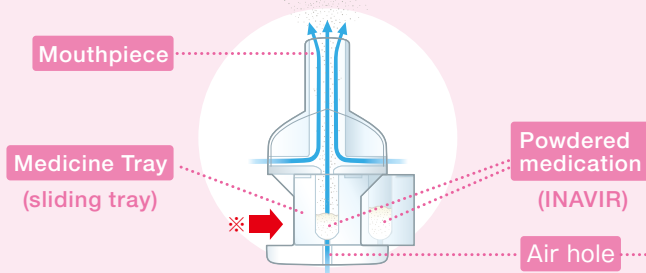
Or **1 package per dose for 2 days**

You can inhale INAVIR 1 package for 1 dose a day for 2 days (2 packages for 2 doses for 2 days)

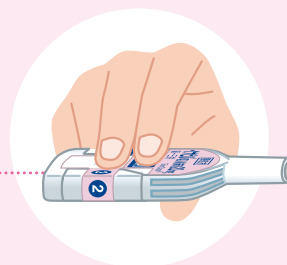
9 years of age and under
Inhale 20mg (1 package) per dose



Inhaler design (when inhaling)



How to hold the inhaler



Without removing the labels, slide the Medicine Tray in the direction of the arrow all the way to the end. Inhale each side in turn.

Do not cover the air hole on the bottom of the inhaler.

※Carers should supervise children prescribed with INAVIR, as children may find the Medication Tray difficult to slide.

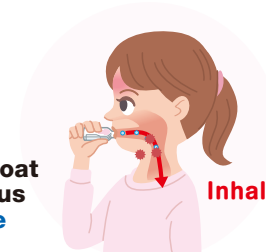
Benefits of inhaled medication



The influenza virus multiplies in the "throat" and "windpipe"



When inhaled, INAVIR is delivered **directly** to the throat and windpipe where the virus multiplies, and **prevents the virus from multiplying**.



INAVIR is delivered directly to the "throat" and "windpipe"

Video instructions on how to inhale and information about influenza are available on "Influ News."

Website for PC
<http://www.influ-news.info>

Website for smartphones
<http://www.influ-news.info/s/>

Website for mobile phones
<http://www.influ-news.info/m/lang/en/>



Please turn over for instructions on how to use INAVIR.



When using INAVIR, you "slide and inhale".

"Slide and inhale" Medicine Tray ① and ②.



Slide the Tray (all the way to the end)



Inhale

Before inhaling INAVIR...

You can practice inhaling using the inhaler.

You can practice inhaling by using the inhaler but without sliding the Medicine Tray.




Stay relaxed when you inhale INAVIR.

Instructions on how to use INAVIR

A


Tap the inhaler



Without sliding the Medicine Tray, tap the container gently onto a table, "tap, tap, tap". This is to drop the medicine to the bottom of the inhaler.

B


Slide ① Inhale



Without removing the labels, slide Medicine Tray ① in the direction of the arrow all the way to the end. Put the mouthpiece into your mouth and take a deep breath, then hold your breath for 2 - 3 seconds. Remove the inhaler from your mouth and exhale slowly without blowing into the mouthpiece.

C


Slide ② Inhale



Next, slide Medicine Tray ② in the direction of the arrow all the way to the end. Put the mouthpiece into your mouth and take a deep breath, then hold your breath for 2 - 3 seconds. Remove the inhaler from your mouth and exhale slowly without blowing into the mouthpiece.

D

Return to original position




Slide Medicine Tray ① back to its original position.

E

To ensure that the medicine is completely inhaled, repeat procedures A-C.

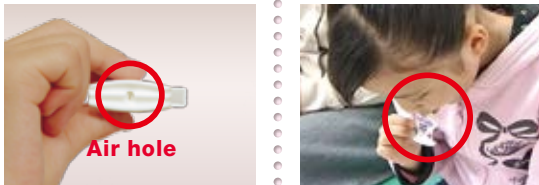
Tips for inhaling INAVIR

A




Do not tap the inhaler after sliding the Medicine Tray.

B C




Do not cover the air hole. Put the mouthpiece fully into your mouth.




Breathe out briefly before putting the mouthpiece into your mouth. This will make it easier to inhale.

X



Inhale in an upright position, not looking down.



Hold your breath for 2 - 3 seconds after inhaling, then breathe out slowly.

!
Please turn over for usage and dose of INAVIR.

* Some people might find the medicine bitter.